



The Benefits of a Hug

Learn about how hugging affects us, rules of hugging, the effects of not getting enough hugs, and more!

October 11th, 2023

12:30 p.m. - 1:30 p.m.

David City Senior Center

592 D St.

David City NE

info@fourcorners.ne.gov

402-362-2621 or 877-337-3573

www.fourcorners.ne.gov



**Four Corners
Health Department**

