

Mental Health First Aid Training

Please join us for a FREE training put on by Region 5 Systems.

This training will give you key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. It will also help you recognize the potential risk factors and warning signs for a range of mental health concerns.

When: Friday, November 5th, 2021

Time: 8:00am – 5:00pm
Break for Lunch

Where: Justice Center in the EOC Room 2nd Floor
261 S. 8th Street
Seward, NE 68434

RSVP by Friday, October 29th, 2021

RSVP to kjohnson@co.seward.ne.us with Name, Phone Number, and Email.