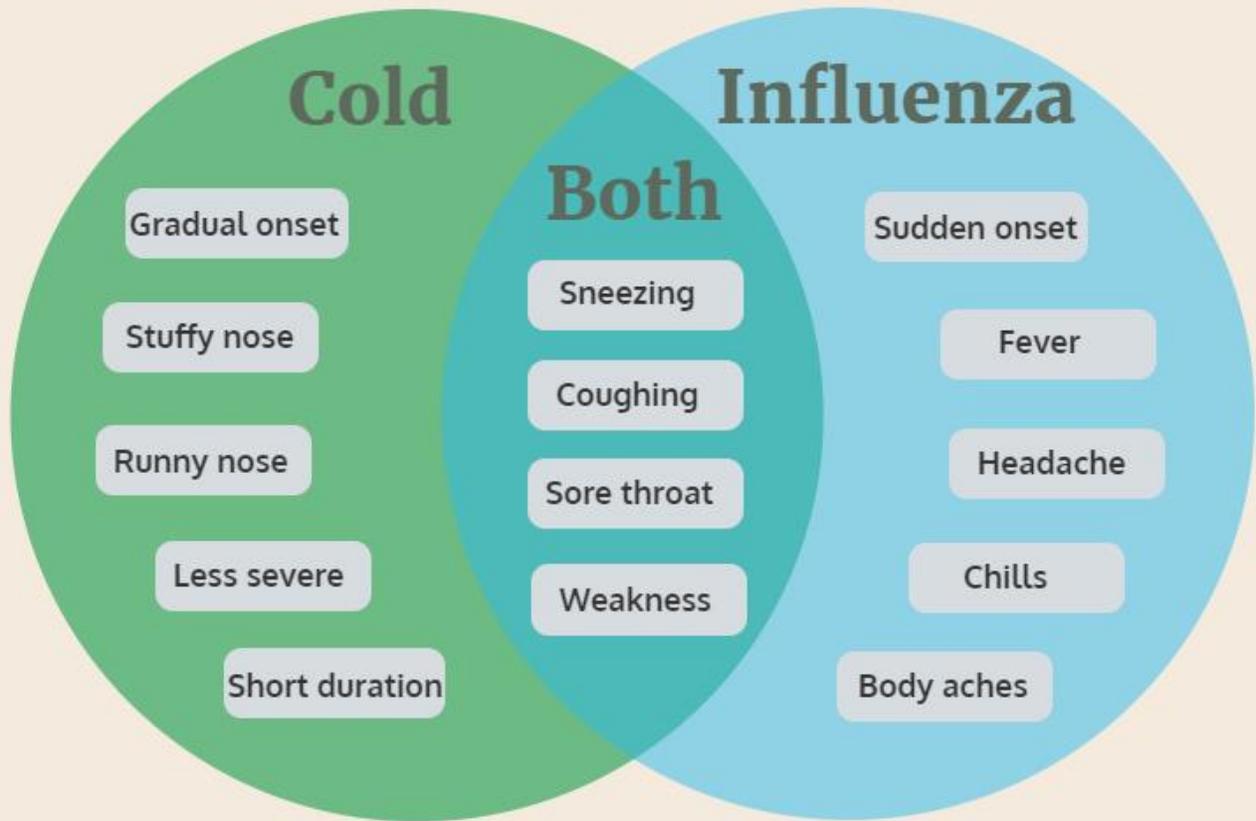




COLD vs. FLU

KNOW THE DIFFERENCE

Cold and flu season is here. Are you coming down with a cold? Or is it the flu?



1-3 days of discomfort



POTENTIAL COMPLICATIONS



bronchitis, pneumonia, hospitalization

HELP PREVENT THE SPREAD OF COLD AND FLU:



Get a flu shot



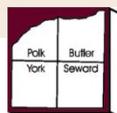
Stay home if you are sick



Wash your hands



Cover your cough



Four Corners Health Department



Public Health
Prevent. Promote. Protect.